

Abode Day Services

Who can apply for Day Service Supports?

Abode, Doorway to Life provides services to adults between 18 and 65 years. The Applicant's primary disability must be Physical and/or Sensory.

Applicants must not require active or ongoing medical supports.

How do I apply?

You can fill out an application form and arrange to meet with the Day Services Manager at Abode to discuss your application. Application forms are available from Abode. Applicants will be informed in writing of the outcome of the Assessment Committee's decision.

What if I just want to find out more?

You can contact the Day Services Manager or arrange to visit Abode to find out more about the Day services.

Contact Details

Abode

Kilbrack Grove

Skehard Road

Blackrock

Cork City

Phone 021 4916180

Email lornahughes@doorwaytolife.com

Website www.doorwaytolife.com



Abode Day Services



***Enabling People to live the life
of their choice to its fullest
potential.***

Abode Day Services

Our Values:

Equality: No Individual will be excluded from Services in Abode on the grounds of gender, marital status, family status, race, age, religious belief, sexual orientation, disability, financial constraints, or membership of the travelling community.

Partnership: Abode values partnership with other service providers including but not limited to the HSE, National Rehabilitation Centre, MS Society, NCBI, Cluid Housing Association, Mahon Family Resource Centre.

Empowerment: Abode will support and empower a culture of Active Citizenship and Social Role Valorisation for its Service Users.

Person Centredness: Abode values the person above all else and will always treat people as individuals and respect their choices. The person Centred Planning process (P.C.P.) will inform a person's timetable and goal setting.



Accessing Abode Day Services:

- **Abode Transport:** Ford Transit x 2 vehicles, Ford Custom & Citroen Berlingo.
- **Public Transport:** Bus Stop at bottom of Kilbrack Grove hill.
- **Own transport**

Accessing Education, training, and employment:

QQI level 3 in Art and Design is a tutor-led course offered in our Day Service.

Abode provides support to access the following in the community:

- Beauty Treatments
- Hairdressing Services
- Shopping Centres
- Parks/Woods/Garden Centres
- Breakfast/Lunch Outings
- Evening Outings.

Social Activities and Leisure

Interests:

- Pottery
- Arts & Crafts
- Gardening
- Rug Making
- Computers
- Crochet/Knitting
- Baking
- Ballad Sessions
- Bingo/ Music Bingo
- Quiz
- Card Games
- Dominoes
- Rings

